



NSC Squads Challenge

22 & 23 August 2009

National Sailing Centre, Singapore

Organising Authority: Singapore Sailing Federation

SAILING INSTRUCTIONS

1 RULES

- 1.1 The race will be governed by the *rules* as defined in The Racing Rules of Sailing.
- 1.2 If there is a conflict between languages the English text will take precedence.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at National Sailing Centre.

3 ELIGIBILITY AND ENTRY

- 3.1 The regatta is open to all NSC Optimist advanced, NSC Byte squads and Schools training with SingaporeSailing under package A.
- 3.2 A maximum of 5 entries per school is allowed under the school category.
- 3.3 Optimist competitors must have at least SOF Opti-Racer certification or its equivalent.
Byte competitors must have at least SingaporeSailing Level 1 Proficiency certification or its equivalent.

4 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1230hrs on the day it will take effect, except that any change to the schedule of races will be posted by 1800hrs on the day before it will take effect.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flag staff located at the boatpark.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in race signal AP.

6 SCHEDULE OF RACES

- 6.1 Dates of racing:
- | | | |
|----------------|--------|--|
| 22 August 2009 | Racing | 1 st warning signal at 1430 hrs |
| 23 August 2009 | Racing | 1 st warning signal at 1300 hrs |
- 6.2 There will be no limit to the number of races per day.
- 6.2 On the last day of the race no warning signal will be made after **1600hrs**.

7 CLASS FLAGS

The class flags will be:

<i>Class</i>	<i>Flag</i>
Optimist	Black letter 'OPT' on yellow backing
Byte	Black letter 'BYTE' on dark purple backing
420	White '420' on dark Brown backing

8 RACING AREAS

Racing area will be on the waters in the vicinity of the National Sailing Centre.

9 THE COURSES

The diagrams in Attachment 1 show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.

10 MARKS

- 10.1 Marks 1, 2, 3 & 4 will be pink spherical marks.
- 10.2 The starting mark will be a yellow spherical buoy.
- 10.3 The finishing mark will be a blue spherical buoy.

11 THE START

- 11.1 Races will be started using rule 26, with the warning signal given 5 minutes before the starting signal.

11.2 The starting line will be between the race committee signal boat and the starting mark.

11.3 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start. This changes rule A4.

12 CHANGE OF THE NEXT LEG OF THE COURSE

12.1 To change the next leg of the course, the race committee will either move the original mark to a new position or lay a new mark and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

13 THE FINISH

The finishing line will be the race committee signal boat displaying a **blue flag** and the finishing mark

14 TIME LIMITS

14.1 Time Limits are as follows:

Class	Time Limit
Optimist/Byte	40 minutes

14.2 Boats failing to finish within 20 minutes after the first boat sails the course and finishes or within the time limit, whichever is the later, will be scored Did Not Finish. This changes rules 35 and A4.1.

15 SCORING

15.1 A maximum of 7 races are scheduled.

(a) When 4 or more races have been completed, a boat's series score in that fleet shall be the total of her race scores excluding her worst score.

(b) There is no maximum number of races per day.

16 SAFETY REGULATIONS

16.1 **Buoyancy:** All competitors shall wear personal flotation devices at all times whilst afloat.

16.2 **Check-out and check-in:** Each boat shall personally sign-on on the forms provided at the Race Office prior to launching for the first race of the day. After arriving on shore, each boat shall personally sign-off on the forms provided within the protest time limit.

16.3 A boat failing to comply with instruction 16.2 may be protested by the race committee. The penalty is a DSQ in the first race of the day.

17 REPLACEMENT OF CREW OR EQUIPMENT

17.1 Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

18 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

19 FOUL LANGUAGE

Foul language is prohibited during this regatta. Any competitor emitting foul language loud enough to be heard by another person, regardless at whom the foul language was directed, shall be subjected to a hearing under RRS 69. Any boat may file a report against another boat from which it heard foul language. On the first offence, the penalty is a DSQ when the incident is deemed to be in breach of good sportsmanship. Upon a second offence, the penalty is a DNE. Upon the third offence, the penalty is a disqualification from the regatta.

20 COACHES BOAT

As this is a training Regatta for the sailors, only coach boats are allowed to enter the race area to guide the beginner racer whom are having difficulties in racing or handling of their boat.

21 TRASH DISPOSAL

Boats shall not put trash in the water. Trash may be placed aboard support and race committee boats.

22 RADIO COMMUNICATION

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

23 PRIZES

Prizes will be given as follows:

- | | | |
|------|----------------------|--|
| 23.1 | Optimist | |
| | Overall | 1 st |
| | Advanced 'A' | 1 st – 3 rd (min of 7 boats racing) |
| | Advance 'B' | 1 st – 3 rd (min of 7 boats racing) |
| | Advance 'C' | 1 st – 3 rd (min of 7 boats racing) |
| 23.2 | NOSS Racing Squad | 1 st – 3 rd (min of 7 boats racing) |
| 23.3 | School Optimist Open | 1 st – 5 th (min of 10 boats racing for school category) |
| 23.4 | Byte | |
| | Overall | 1 st |
| | Byte Sailing | 1 st – 3 rd (min of 7 boats racing) |
| | Byte Intermediate | 1 st – 3 rd (min of 7 boats racing) |
| | Byte Advanced | 1 st – 3 rd (min of 7 boats racing) |
| 23.5 | 420 | 1 st – 3 rd (min of 7 boats racing) |
| 23.5 | School Byte Open | 1 st – 5 th (min of 10 boats racing for school category) |

24 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk, See rule 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the race.

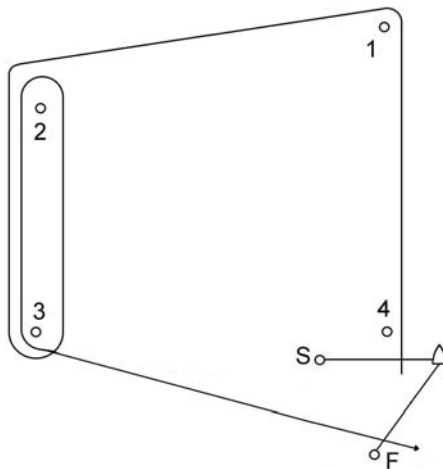
25 INSURANCE

All competitors are required to have appropriate insurance coverage

ATTACHMENT 1

COURSES

Trapezoid Course



Trapezoid Courses (Outerloop 1 lap)

Course Flag "I1" (Inner Loop – 1 lap)

Start, 1, 4, 1, 2, 3, Finish

Course Flag "I2" (Inner Loop – 2 laps)

Start, 1, 4, 1, 4, 1, 2, 3, Finish

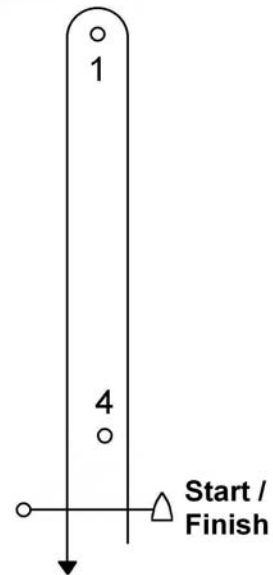
Course Flag "O1" (Outer Loop – 1 lap)

Start, 1, 2, 3, 2, 3, Finish

Course Flag "O2" (Outer Loop – 2 laps)

Start, 1, 2, 3, 2, 3, 2, 3, Finish

Windward / Leeward Course



Windward / Leeward Courses

Course Flag "W1"

Start, 1, 4, 1, Finish

Course Flag "W2"

Start, 1, 4, 1, 4, 1, Finish



NSC Squads Challenge
22 – 23 August 2009, National Sailing Centre
Entry Form

Helm's Name: _____ NRIC: _____
(Enter full name)

Class of Boat: _____ Sail No: _____

Category: **Optimist** : Adv C / Adv B / Adv A / NOSS
(pls circle)
Byte : Byte Sailing / Intermediate / Advanced
School : _____ / **Others:** 420

Home Add: _____ Date of Birth: _____

_____ Sex: _____

Email: _____ Mobile: _____

Entry Fees

The entry fees (inclusive of GST) will be non-refundable:

Closing date will be on Monday 17th August 2009.

Optimist & Byte \$5.35

Enclosed is S\$_____ being payment for the entry fee.

Declaration by competitor

I/We agree to be bound by the Racing Rules of Sailing.

I/We acknowledge and accept the risks associated with participation in the race and waive all rights against and release the Organising Authority in respect of any loss of life and injury to persons, or loss of or damage to property, suffered in connection therewith; and acknowledge that participation in the regatta is entirely at my/our own risk and responsibility.

Helm's Signature

Parent's Signature
(Required for sailors under 21 years old)