



## 2012 ASC OPTIMIST SELECTION TRIALS

3rd – 5th February 2012

National Sailing Centre, Singapore

Organising Authority: Singapore Sailing Federation

### SAILING INSTRUCTIONS

#### 1 RULES

- 1.1 The regatta will be governed by the *rules* as defined in The Racing Rules of Sailing.
- 1.2 No national prescriptions will apply.

#### 2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at the National Sailing Centre.

#### 3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0930hrs on the day it will take effect, except that any change to the schedule of races will be posted by 1800hrs on the day before it will take effect.

#### 4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flag staff located within the National Sailing Centre grounds.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in race signal AP.
- 4.3 **A boat shall not launch until Flag D is displayed.**

Flag D is displayed with 1 sound signal.

Flag D means: 'The warning signal will be made not less than 30 minutes after flag D is displayed or not before the scheduled time, whichever is later. Boats shall not launch until this signal is made'.

#### 5 SCHEDULE OF RACES

- 5.1 There will be no limit to the number of races that may be sailed each day.

- 5.2 The scheduled time of the warning signal for the first race each day is 1100hrs.
- 5.3 On the last day of the regatta there will be no warning signal shall be made after 1730hrs.
- 5.4 After a long postponement, to alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least four minutes before a warning signal is displayed.

## **6 CLASS FLAGS**

- 6.1 The class flag will be as follows:

Girls – Optimist logo on “**green backing**” with green ribbon attached to the sprit.  
Boys – Optimist logo on “**yellow backing**” with yellow ribbon attached to the sprit.

Coloured ribbons will be available at the Race Control Office.

## **7 RACING AREAS**

Attachment 1 shows the location of the racing areas.

## **8 THE COURSES**

The diagrams in Attachment 2 show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.

## **9 MARKS**

- 9.1 Mark 1 will be orange conical buoy.  
Mark 2 & 3 will be yellow conical buoys.
- 9.2 New marks, as provided in instruction 11.1, will be white spherical mark.
- 9.3 The starting marks will be between the race committee signal boat and a yellow spherical mark.
- 9.4 The finishing marks will be between the race committee signal boat displaying a blue flag and a blue spherical buoy.
- 9.5 A race committee boat signalling a change of a leg of the course is a mark as provided in instruction 10.2.

## **10 THE START**

- 10.1 Races will be started using rule 26, with the warning signal given 5 minutes before the starting signal.

- 10.2 The starting line will be between the staff displaying an orange flag on the race committee signal boat at the starboard end and the port-end starting mark.
- 10.3 Boats whose warning signal has not been made shall avoid the starting area and shall stay about 50 meters below the starting area during the starting sequence for other races.
- 10.4 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4 and A5.

## **11 CHANGE OF THE NEXT LEG OF THE COURSE**

- 11.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

## **12 THE FINISH**

- 12.1 The finishing line will be between a staff displaying a blue flag on the finishing signal boat and a blue spherical buoy.

## **13 PENALTY SYSTEM**

- 13.1 Appendix P will apply as changed by instructions 13.2 and 13.3.
- 13.2 On the first protest, if a boat is protested after she has finished, she will be given a scoring penalty of 3 points, without a hearing. If her score results in a score worse than DSQ, the penalty will be corresponding to DSQ.
- 13.3 Rule P2.3 will not apply and rule P2.2 is changed so that it will apply to any protest after the first one.
- 13.4 Action taken under Appendix P will not be grounds for redress by a competitor.

## **14 TIME LIMITS**

- 14.1 If no boat has passed Mark 1 within 20 minutes, the race will be abandoned. Failure to abandon will not be grounds for redress. This changes rule 62.1(a).
- 14.2 The time limit for the first boat to sail and finish is 70 minutes. Failure to abandon will not be grounds for redress. This changes rule 62.1(a).
- 14.3 Boats failing to finish within 20 minutes after the first boat sails the course and finishes, will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

## **15 PROTEST AND REQUESTS FOR REDRESS**

- 15.1 Protest forms are available at the race office, located at the National Sailing Centre. Protests and requests for redress or reopening shall be delivered there within the

protest time limit, accompanied by S\$30, which is refundable if the protest is not found frivolous.

- 15.2 A boat intending to protest shall inform the Race Committee at the finishing line of her intentions immediately after finishing and before communicating with coaches, spectators or fellow competitors.
- 15.3 For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day. On the last day of regatta, the protest time limit is 30 minutes after the last boat has finished.
- 15.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located on the second storey of the National Sailing Centre.
- 15.5 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 15.6 A list of boats that, under instruction 13.1, have been penalised for breaking rule 42 will be posted.
- 15.7 Breaches of instructions 10.4, 17, 22, 23, and 24 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.
- 15.8 On the last day scheduled day of racing, a request for reopening a hearing shall be delivered:
  - (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
  - (b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day.This changes rule 66.
- 15.9 On the last scheduled day of racing, a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

## **16 SCORING**

- 16.1 A maximum of 9 races are scheduled. A minimum of 4 races are required to be completed to constitute a series.
- 16.2 When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- 16.3 When 5 or more races have been completed, a boat's series score will be the total of her scores excluding her worst score.

## **17 SAFETY REGULATIONS**

- 17.1 Buoyancy: All competitors shall wear personal flotation devices at all times whilst afloat.
- 17.2 A boat failing to comply with instruction 18.1 may be protested by the race committee. The penalty is a DSQ in all the races of the day.
- 17.3 Check-out and check-in: Each boat shall personally sign-on on the forms provided at the Race Office prior to launching for the first race of the day. After arriving on shore, each boat shall personally sign-off on the forms provided within the protest time limit.
- 17.4 A boat failing to comply with instruction 18.3 may be protested by the race committee. The penalty is a DSQ in the first race of the day.
- 17.5 A boat that retires from a race shall notify the race committee as soon as possible.

## **18 REPLACEMENT OF EQUIPMENT**

- 18.1 Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

## **19 EQUIPMENT AND MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

## **20 FOUL LANGUAGE**

Foul language is prohibited during this regatta. Any competitor emitting foul language loud enough to be heard by another person, regardless of at whom the foul language was directed, shall be subject to a hearing under RRS 69. Any boat may file a report against another boat from which it heard foul language. On the first offense, the penalty is a DNE when the incident is deemed by the protest committee to be in breach of good manners. Upon a second offense, the penalty is a DNE for all races raced during the day of the offense. Upon the third offense, the penalty is a disqualification from the regatta.

## **21 OFFICIAL BOATS**

Official boats will be identified by a white flag with the letter corresponding to the course area.

## **22 SUPPORT BOATS**

Team leaders, coaches and other support personnel shall stay outside areas where

boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment.

### **23 TRASH DISPOSAL**

Boats shall not put trash in the water. Trash may be placed aboard support and race committee boats.

### **24 RADIO COMMUNICATION**

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

### **25 DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk, See rule 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

### **26 INSURANCE**

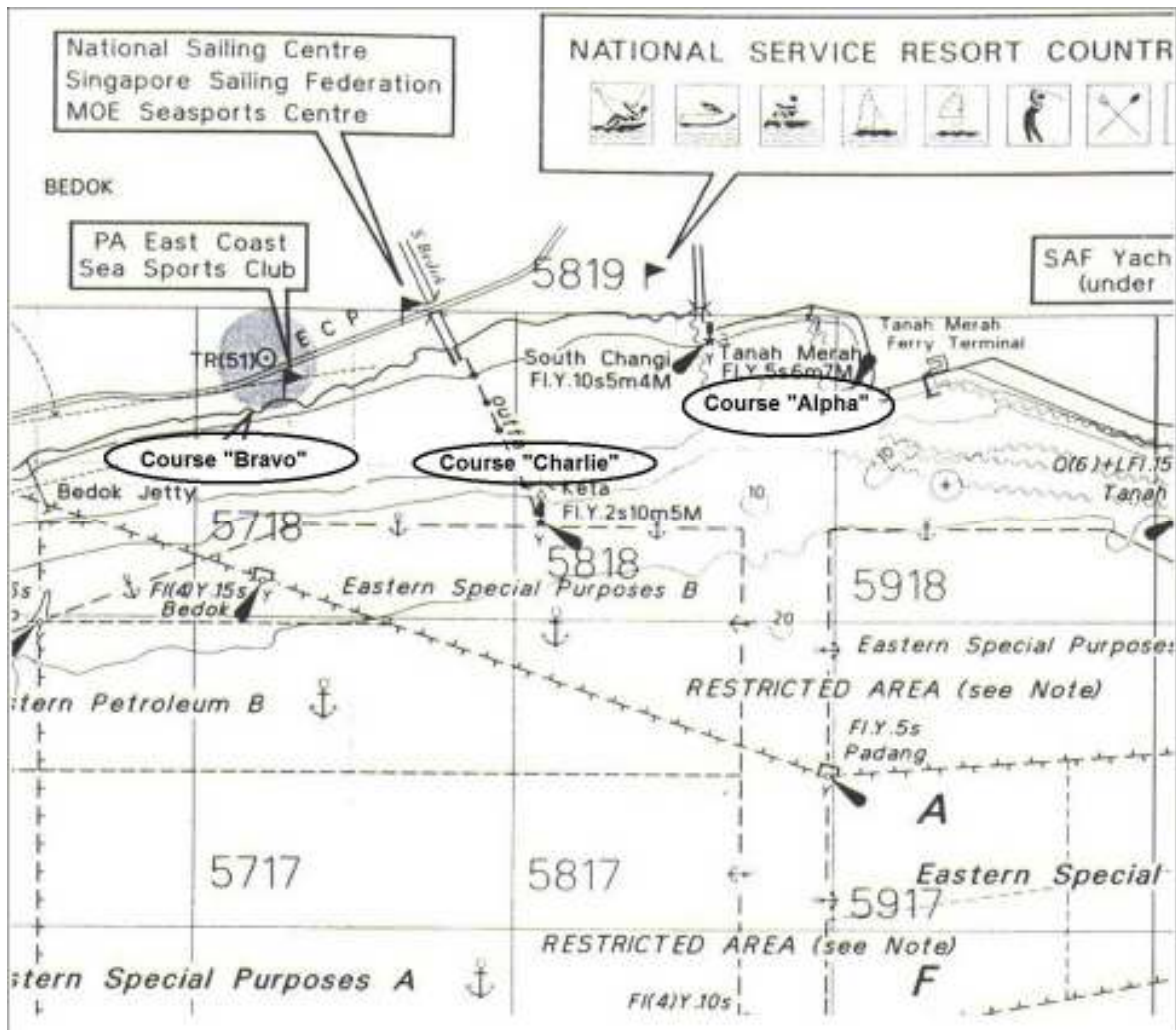
Each participating boat shall be insured with valid and adequate third-party liability insurance.

## ATTACHMENT 1 – RACING AREAS

**Course Alpha** – Laser Standard, Radial and 470 (Olympic Selection)  
 Laser Standard, Radial and 420 (NSC Cup Series 1)

**Course Bravo** – Byte and Laser 4.7 (NSC Cup Series 1)

**Course Charlie** – Optimist (ASC Selection & Gold Fleet Qualifier 1)  
 Windsurfing (NSC Cup Series 1)



**ATTACHMENT 2 – RACE COURSE DIAGRAMS**

**IODA Format – (Start – 1 – 2 – 3 – Finish)**

